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Good morning,

Welcome to the latest edition of Macquarie Park Ryde BC News.

October 2021. Almost November! Apart from the horrible effects the pandemic has had on us and our community, has it also somehow made time go faster? At least we are finally out of lock down in time to enjoy Spring and plan for the end of the year! It's hard to believe that there are only two- and a-bit months until we are in 2022. It feels like we are coming out of hibernation and enjoying the positive feeling of the sun on our faces.

What plans do you have in place for your business for the remainder 2021 and into 2022? How can your Chamber help you re-connect and re-build? There haven't been many chances to network in person but now there is an opportunity for us to have a great end to the year.

We have been busy improving our systems and procedures so that we can better serve you, our members, and the local business community. We have just held our Special and Annual General Meeting, and the resolutions that were passed will help us consolidate and grow. You also have a Committee that is focussed on better serving you and the community.

We are planning to have some live and online events before the end of the year so that we can enjoy the new normal that is this post lock down world. How great would it be to connect once again, share your experiences with the lock down and how you are planning for a great end to the year and into 2022?

Warmest regards,
Your MPRBC Committee

Latest News

Stepping into 2022 with MPRBC

As we move out of lockdown and into 2022, I would like to welcome back our MPRBC committee for the next 12 month. You will know most of the names - Andrew Hill, Sabrina Bir, Rob Wilkinson, Chris Altree, Richard Price and Soraya Raju. Our committee is also supported by Mark Kimber and Smita Khakhar.

Your Macquarie Park Ryde Business Chamber has put together a strategic plan to add more value to our members and wider community. Some of the highlights of this plan that you can look forward to in 2022 include:

- Back to live events, with highlights including Women in Business, meeting with new Premier and select members highlighting their businesses.
- More specific promotion and networking opportunities for our members through our website, social media outlets and events.
- Closer collaboration with all levels of government: local, State and Federal.
- Working closer with our Chamber partner, CAWS: Chamber Alliance of Western Sydney
- Expanding our member base through the merger with Gladesville Chamber of Commerce.
- Expanding our Executive to 15 members to improve our level of service to members.
- Being a support partner to Local Business Awards.
- Having direct representation on advisory committees with the City of Ryde

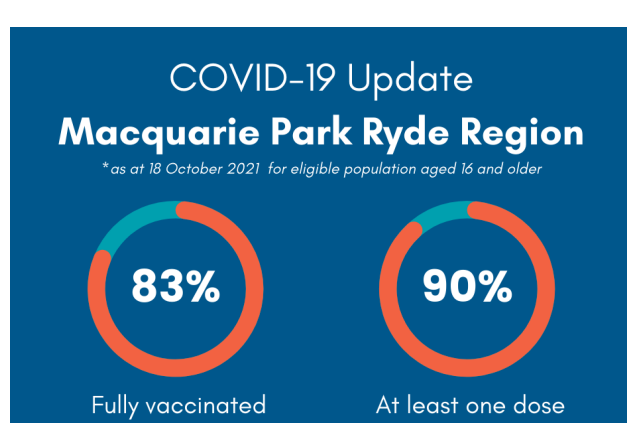
We welcome your input as to how we can add value to you and your business.

Looking forward to 2022,
Tony Abboud, MPRBC President

Covid-19 Vaccination Rates in Macquarie Park Ryde

As of 18th October 2021, the Macquarie Park Ryde region has achieved a huge milestone with over 83% of people living in our LGA double dose vaccinated and 90% off people living in our LGA vaccinated with at least one dose! Let's keep up the great work and support our peers and council!

Source: <https://www.health.gov.au/resources/publications/covid-19-vaccination-local-government-area-lga-18-october-2021>



Introducing the MPRBC Blog!

In line with our continued efforts to boost collaboration efforts and share knowledge across our community, the Macquarie Park Ryde Business Chamber is excited to introduce the [MPRBC Blog!](#)

A place for sharing updates, general interest articles, tips & tricks, musings and so much more, we welcome you to contribute as well as subscribe and spectate some great content.

If you would like to contribute, please reach out to marketing@mprbc.com.au

Returning to (the new) Normal

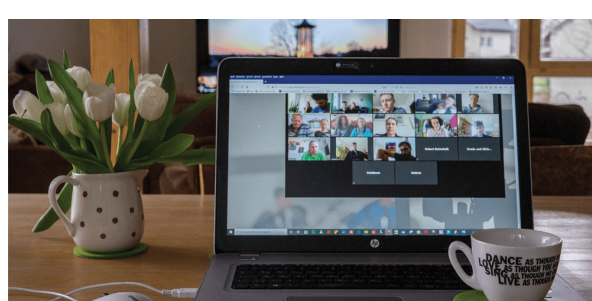


Contributed by Sabrina Ferguson, Arion Productions

With lockdown restrictions easing, the extroverts among us can't wait to get back to the office and face to face business meetings, not to mention networking events. For the not-so-extroverted, lockdown has provided an opportunity to do business from ...

[Read more](#)

Are you making an impression at your online meetings?

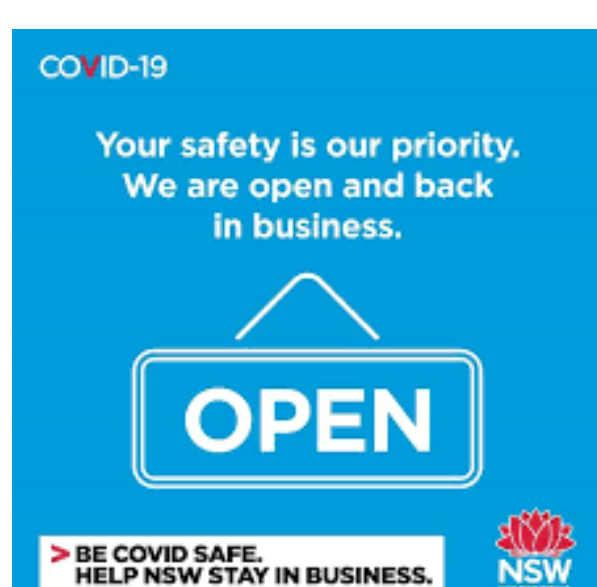


Contributed by Soraya Raju, Migrate Success

Covid-19 isolation has led us to review our ways of networking and conducting business meetings and interviews. We may not be able to meet face to face so how do we create a lasting impression in online meetings? Treat online meetings as face-to-face ...

[Read more](#)

New South Wales is back open for business!



After endless months of restrictions, lockdowns, new challenges and changing dynamics, New South Wales achieved a number of milestones and are now ready to get back to business!

To find out more about what support and resources are available to you, visit <https://www.nsw.gov.au/working-and-business>

A detailed version of the roadmap can be found here:

[Reopening NSW Roadmap](#)

Upcoming Events



Live Webinar with
Hunt & Hunt Lawyers



MPRBC & Connect-MPID
presents

'Recovering from COVID Post Lockdown'

Monday 25 October 2021

Online via Zoom
12:30pm - 1:30pm

[Register now](#)

'Meet the (Council) Candidates'

Monday 8 November 2021

North Ryde RSL
5:30pm - 7:30pm

[Register your interest](#)



Macquarie Park Ryde BC Business After Hours 'Welcome to Gladesville & Merry Christmas'

Monday 6 December 2021
Bayview Hotel Gladesville
5:30pm - 7:00pm

[Register your interest](#)

Member Updates

New Members

RDC Accountants is a chartered accounting practice located in Gladesville. We specialise in the delivery of accounting, taxation and business advisory services for small to medium businesses (SME's), self-managed superannuation funds and individuals.

The principal, Ranika Dawson, is a Chartered Accountant who has had extensive experience in Big 6 and second tier accounting firms along with commercial experience both domestically and internationally. Ranika was accredited as a Fellow of the Institute of Chartered Accountants in 2009. Please make contact if you feel we could be of assistance.



Located between Gladesville and the CBD, Skyward Financial is a modern and professional finance broker for property and business loans.

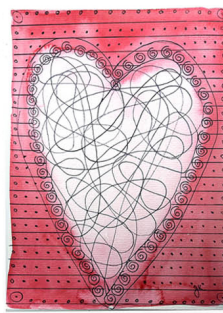


With Max McFarlane, the Managing Director with 15+ years in the banking and finance industry, at the helm, Skyward provides finance and capital solutions for small to large businesses to buy property, get property development finance, buy assets and equipment, and with working capital for everyday expenses and to keep running and growing.

Meditative Drawing Workshops with Jean Kropper, Paper & Pixel

Ryde City Council recently engaged one of our members, Jean Kropper from Paper & Pixel, to conduct three 'Meditative Drawing' Workshops as part of their innovative mental health promotion to support small business owners during lockdown.

Meditative Drawing: Creative mark making to quiet a busy brain.



Meditative or slow drawing quiets a busy brain by focusing your awareness on drawing simple shapes, lines or dots over and over to create a pattern. It is a technique to calm your mind by focusing your full attention on something easy and repetitive. This is a fun way to reduce stress. Quietening the brain can help clear your head, improve your concentration and reduce anxiety.

Jean Kropper is an artist, designer, paper engineer and internationally published author.

She runs her own studio, Paper and Pixel, and designs paper sculpture for advertising and events, and 3D print promotions for direct marketing for businesses.

In addition, she gives people and groups of staff to give them skills to tell their own stories using paper through meditative drawing and cartooning workshops.



She runs custom art workshops for businesses to re-engage and recharge staff post lockdown and good for Staff Christmas gatherings. To hear about future workshops, You can opt in on the mailing list:

<https://paperandpixel.kartra.com/page/join>

Jean can be contacted at Jean.Kropper.ideas@paperandpixel.com.au or 0414980081.



Paper and Pixel Workshops
Jean Kropper
e:ideas@paperandpixel.com.au

TESTIMONIALS

- "Jean shows us an amazing range of things we can create with just paper and pen. I have found her online classes a wonderful way of calming the mind in these stressful times." **Helen Orr**
- "Thank you for the great lesson and for your calm energy." **Joyce M Nguyen**
- "Jean makes the steps, really clear, very easy to follow, so that I know I can succeed." **Alex Buist**
- "I really love Jean's courses. I love her enthusiasm. It is great fun. Jean's fun herself and it brings that out in us. I get a lot of terrific ideas during these sessions." **Helen Bailey-Cooke**
- "I had great fun. It was very meditative and I completely lost track of what was going on around me! I was so focused on drawing the shapes that the final result was a surprise each time." **Catherine von Schwind**
- "Jean made everyone feel welcome and encouraged." **Pat Hreljanovic**
- "This is a great opportunity to step away from everything that is going on in the world, and to play with a pen and paper, in a way that requires no skill, but can satisfy our imagination for a little while." **Karla Burley**

'The Gardens Restaurant and Terrace Bar' at Eden Gardens is open!



The recently rebranded 'The Gardens Restaurant and Terrace Bar' at Eden Gardens is open for business. The fully licensed outdoor Terrace is operating 7 days a week 9am – 3pm, with a delicious spring menu for breakfast and lunch, along with plenty of space for social distancing. From the 25th October, the inside section of The Gardens Restaurant will be open for a more formal dining experience.

Eden's Events & Function Centre is open for enquiries for business meetings or private bookings, with weddings commencing back in the gardens this week.

We look forward to welcoming the chamber members to Eden soon. Check out the menu and further details on <https://edengardens.com.au/pages/nsw-the-gardens-restaurant-terrace-bar>

Ryde Sports Foundation Celebrates its Sportsmen and Women

Dear Friends and Supporters of the Ryde Sports Foundation,

We have great reason to "blow our trumpet" – courtesy of the tremendous sporting talent nurtured in the City of Ryde! I would like to update you on our activities, and also share some great news concerning several of our sports stars – past and present!

As you're aware, following our Covid-related inactivity in 2020, we had a very successful re-launch, courtesy of Mayor Jerome Laxale, our Patron, back in February, and that was followed by a wonderful 40th Anniversary Celebration Dinner, at Ryde Eastwood Leagues Club, on 7 May. At that dinner, we showcased our fabulous 2019/20 Sports Stars – with Nic Beveridge (para-triathlon) being awarded Sports Star of the Year, and Ethan Lozevski (sailing) & acrobatic gymnastics duo Alex McWhirter and Anna Tran-Dinh jointly receiving the Club 6 Encouragement Award.



Also, our Foundation once again generously supported both the Olympic and Paralympic teams, participating in Tokyo over the coming weeks. Similar support has been provided, by the Ryde Sports Foundation, since the 1980 Moscow Olympics. For your information, please see attached copies of letters of thanks & acknowledgement from the Australian Olympic Committee and Paralympics Australia.

So, here's our wonderful, topical news and showcase on twelve great athletes, all of whom, I'm very proud to say, are current and former **Ryde Sports Foundation "Sports Stars"**!

Congratulations to the following sports men and women who will be represented Australia at this year's **Olympic Games**:

- Se-Bom Lee (Carlisle Swimming)
- Georgia Winkcup (Ryde Athletics)
- Tom Craig (Ryde Hunters Hill Hockey)
- Lachlan Sharp (Ryde Hunters Hill Hockey)
- Tim Brand (Ryde Hunters Hill Hockey)
- Aidan Roach (Drummoyne Water Polo Club)
- Sam Fricker (Diving Connections)



Congratulations to the following sports men and women who will be represented Australia at this year's **Paralympic Games**:



- Madison de Rozario (Wheelchair Sports NSW)
- Erik Horrie (Wheelchair Sports NSW)
- Jonathon Milne (Wheelchair Sports NSW)
- Louise Sauvage (Wheelchair Sports NSW)
- Nic Beveridge (Wheelchair Sports NSW)

Having recognised, showcased and awarded more than 500 athletes in its 40 years, the Ryde Sports Foundation has assisted in providing many athletes a springboard to the top levels of their respective sports. We have a great deal of which to be proud, and I trust that you, our key supporters, share that pride and echo our sentiments.

As always, the Ryde Sports Foundation is generously supported by Club 6 – Gladesville RSL, Gladesville Sporties, Ryde Eastwood Leagues Club, North Ryde Golf Club, North Ryde RSL & Community Club and Club Ryde – as well as The Weekly Times, Bendigo Bank North Ryde and Mitronics.

With best regards to all,
Rob Wilkinson, Chairman

Exclusive Offers from our Members

50% off Dinner at the Bistro, Courtyard Marriott North Ryde

Enjoy a delicious dinner with family and friends, or maybe book your next team dinner, at Bistro by Courtyard Marriott North Ryde. When dining on Thursday, Friday and Saturday evenings, you will have access to an exclusive 50% discount on their mouth-watering menu!

Book your table at www.bistrosydney.com

\$139 Refuel Package at Courtyard Marriott North Ryde

Explore Sydney's north shore from Courtyard Marriott's convenient location in North Ryde. From October 2021, stay at Courtyard Marriott North Ryde from \$139 with FREE parking and enjoy a \$25 Good Call 7-Eleven Gift Card on us.

Perfect as a gift for a loved one, recognition of a colleague or even just to pamper yourself!

Book your staycation here www.marriott.com.au/offers/refuel-package

Council News

This month, City of Ryde have a plenty of good news to share and have arranged a variety of initiatives with their continued objective of supporting our business community!

Council Services Update

The Ryde Library branch and the City of Ryde Customer Service Centre will open from Monday 11 October, in line with the initial easing of COVID-19 restrictions by the NSW Government.

The Ryde Aquatic Leisure Centre (RALC) will reopen from 5.30am on Monday 11 October for squad training, lap swimming and rehab activities only.

Additional Council venues and services will resume as further restrictions ease in line with the NSW Government's roadmap to reopening.

[Find out more here](#)

Council to Plant More Than 600 New Trees

The City of Ryde will plant an additional 657 new trees after securing funding through the NSW Government's Greening Our City grant program. The trees are being planted in streets located between Coxs Road and Epping Road, North Ryde.

[Find out more here](#)

Upcoming Key Events by City of Ryde

- [The Creative Collective: Dance Workshop](#) - Tuesday 26 October
- [Making a Website for Your Creative Work Webinar](#) - Saturday 30 October
- [Green Cleaning Workshop](#) - Saturday 30 October



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